# The Opportunity Cost Of Incentivising Project Work In Medical Training

#### **Dr Haris Achilleos**

Senior Registrar in Paediatric Emergency Medicine, Royal London Hospital, Barts Health NHS Trust, London, UK

# Paediatric Research (UK)

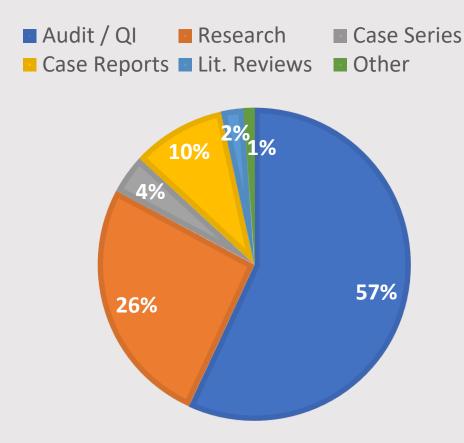
"Turning the Tide" Report – Royal College of Paediatrics and Child Health (RCPCH), 2012

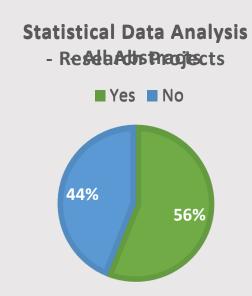
poor opportunities for research training and participation within our medical education system

#### RCPCH Annual Conference 2019 – Some Data:

- > total 640 abstracts accepted and presented (!)
- ➤ large percentage presented by paediatric specialty trainees; project work conducted during specialty training

### RCPCH Annual Conference 2019 Abstracts





#### Common issues identified:

- small-scale projects; very few collaborative
- insufficient data analysis and presentation (to justify conclusions / recommendations)
- not measuring clinically important outcomes
- data commonly based on questionnaire / survey results
- demonstrating inadequate methodological quality

## Project work....



- ...Clinical Audits, Quality Improvement projects, Research Projects
- > requirement for career progression
- > score highly on specialty training and consultant job applications
- → higher incentive if "leading" a project and "completing the audit cycle"

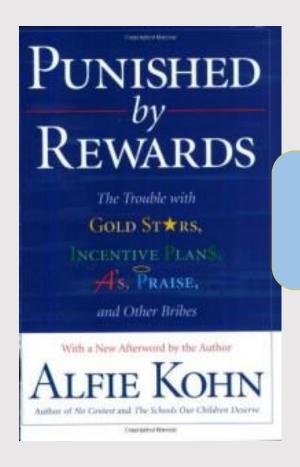
# BUT! Experience shows...

Poor data presentation at audit meetings

Journal Clubs lacking critical thinking and methodology

"Critical Appraisal" –
most feared station at
final specialty
assessment

EBM study day least attended one of London Regional Paediatric Study Days



Intrinsic vs Extrinsic Motivation

Intrinsically motivated

Adult Learning Theory
- M. Knowles

Self-directed

What if we decided to ditch this project-incentivising system...

## "Opportunity Cost"

The benefit, profit, or value of something that must be given up in order to acquire or achieve something else

Projects with no patient-important outcomes

Projects not leading to meaningful change

Research waste

Jeopardise judgement and critical thinking

... and focused on teaching data methodology and promoting pragmatic, collaborative, patient-important studies?

# Thank you for listening!

Feedback?

Thoughts?

Suggestions?

haris.achilleos@doctors.org.uk